

October

Team24 Pacific Ride and Events Calendar
THRIVE: 7:00am **MAIN:** 8:00am **SOCIAL:** 10:00am
 Please arrive on time and be ready to roll at the specified start times.

SQUAD LEGEND
 OC=Orange County SD=San Diego
 SC=South County IE=Inland Empire

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Questions? Suggestions for a new ride? Contact Roland Hoffman roland@24hourfitness-ms150.com						1 <u>Training Ride #17</u> <u>OC SQUAD – 24 HF South Coast Metro</u> THRIVE: 12 mi / 77 mi MAIN: 65 mi <u>SD SQUAD – 24 HF Escondido La Terazza</u> MS Century Preview Ride : 72 mi
2 <u>TEAM24 PACIFIC SOCIAL RIDE</u> <u>24HF So. Coast Metro Super Sport</u> 20mi	3	4	5	6	7	8 <u>Training Ride #18</u> <u>OC SQUAD –</u> THRIVE - <u>24 HF Orange Active</u> 15 / 75mi MAIN – <u>24HF Culver Active</u> – 60 mi
9 <u>TEAM24 PACIFIC SOCIAL RIDE</u> <u>24 HF Huntington Beach Pier</u> 20mi <u>SD SQUAD – 24 HF Escondido La Terazza</u> MAIN: 61 mi	10	11	12	13	14	15 <u>Training Ride #19</u> <u>OC - THE LAST RIDE</u> THRIVE – <u>24HF Huntington Beach</u> – 90mi MAIN – <u>24HF Culver Active</u> – 60mi <u>SD – THE LAST RIDE</u> THRIVE - <u>24HF Penasquitos Sport</u> – 90mi
16 <u>TEAM24 PACIFIC SOCIAL RIDE</u> <u>24 HF Anaheim Hills Sport</u> 20mi Team24 Pacific Pre-ride Get-together / MS Bike Check-in 1:00pm – 2:30pm (24HF Lakeshore Twrs.)	17	18	19	20	21	22 <u>The BIG RIDE – Day #1</u> MS Bike: Bay to Bay Bike tour Irvine Start: Irvine Transportation Center ALL SQUADS Start at 7:00am Irvine – Carlsbad 58, 108 Mi.
23 <u>The BIG RIDE – Day #2</u> MS Bike: Bay to Bay Bike Tour Sheraton Carlsbad Resort & Spa ALL SQUADS – 7:00am start Carlsbad to San Diego – 42 Mi	24	25	26	27	28	29
30	31 Halloween					<div style="border: 2px solid black; padding: 10px; display: inline-block;"> <h1>2011</h1> </div>